

SURGICAL SCULPTURE WORKSHOPS

HAND & FOREARM SCULPTURE COURSE

March 13th-15th 2024

Day 1: The forearm: Wednesday 13th March

- 0900: Introduction, materials, the sculpting and assembly method, and construction sequence (Tom Pidgeon & Francis Peart)**
- 0930: Sculpting: 30mins free sculpting**
- 1000: Sculpting: The volar forearm; deep and intermediate layers**
- 1030: Lecture: The muscles of the forearm and their actions (Francis Peart)**
- 1100: Tea**
- 1130: Sculpting: The volar forearm; the superficial layer**
- 1300: Lunch**
- 1400: Lecture: The applied anatomy of the nerves of the forearm (Mr Rajive Jose)**
- 1430: Sculpting: The dorsal forearm and mobile wad**
- 1500: Tea**
- 1530: Lecture: Tendons of the forearm & tendon transfers (Mr Rajive Jose)**
- 1600: Sculpting: Final assembly of the forearm**
- 1700: Close**

Day 2: The hand: Thursday 14th March

- 0900: Introduction for new attendees**
- 0915: Lecture: The vessels and nerves of the hand (Tom Pidgeon & Francis Peart)**
- 0930: Lecture: The ligaments of the wrist and hand (TBC)**
- 1000: Sculpting: Hand ligaments**
- 1100: Lecture: The intrinsic muscles of the hand (Mr T Pidgeon)**
- 1130: Tea**
- 1200: Sculpting: Deep volar hand structures, with sculpting of the intrinsics**
- 1300: Lunch**
- 1400: Sculpting: Extensor tendons and the extensor mechanism**
- 1530: Tea**
- 1600: Sculpting: Arterial arches, flexor tendons**
- 1700: Close**

Day 3: The hand: Friday 15th March

- 0900: Lecture: The applied anatomy of the dorsal hand tendons (Mr R Jose)**
- 0930: Sculpting: Flexor pulleys, lumbricals**
- 1030: Sculpting: Nerves, fascia at the wrist, thenar and hypothenar eminences**
- 1130: Quiz**
- 1300: Lunch**
- 1400: Sculpting: Final arterial arch elements, refinements**
- 1500: Lecture: The Evolution of the Human Hand (Mr F Peart)**
- 1530: Tea**
- 1600: Clinical components, committee assessment for "Best Sculpture"**
- 1700: Close**



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